

# TREKKING EVENTS



[www.firefighterscharity.org.uk/treks](http://www.firefighterscharity.org.uk/treks)

## TREK NEPAL: Annapurnas

18<sup>th</sup> – 28<sup>th</sup> March

### CHARITY CONDITIONS OF PARTICIPATION **\*(only 40 places available)**

- Be over 18 under 75 and available on the Trek dates of 18th ~ 28th March 2011
- This Trek is graded moderately, challenging, but not with high altitude considerations
- Be in good health, capable of moderate walking for six full days up to 6-9 hours/day
- Have a full 10 year Passport valid until at least six months after return
- To reserve a place with a deposit of £400 payable to 'The Fire Fighters Charity'
- Placements initially on Trek dealt strictly on a 'first come \*(with deposit) first served' basis
- Registration Form completed and returned with deposit to Sports & Overseas Fundraiser FFC
- Medical Declaration to be completed and returned \*in confidence to Discover Adventure
- Obtain current certificates for various Vaccinations, including tetanus and highly recommend that you have protection against Polio, Hepatitis A, and Typhoid. Refer to your GP/Travel clinic for most up to date info
- Own adequate insurance for the Trek, or obtain DA policy, currently @ £64.27 \*more if extending
- Insurance application, or proof of own Insurance Policy, must be returned direct to DA
- A Visa is required and with two Photos can be obtained for \*currently \$40 at Kathmandu Airport on arrival
- After deposit commence £2,600 of fundraising, or sponsorship for the Fire Fighters Charity
- On acceptance, a 'Fundraising Pack', including a FFC Bank paying-in book will be provided
- Prior to final confirmation of a place, \*to have deposited 80% funds by 18th January 2011
- To have banked whole of fundraising by time of travel to Nepal on 18th March 2011
- Exceptionally any difference to the total sum, may be accepted in the form of a post dated cheque
- Provide own spending money, tips \$30, 3 meals, Airport Tax \*currently \$27 and \*Fuel Surcharge if applied
- Opportunity/help with joint fundraising and National initiatives/Draws/events, credits
- Opportunity to meet the Trek Team will be arranged at end of Nov 2010 venue TBC
- Opportunity to walk/meet fellow participants being arranged Lake District mid Jan 11
- In the event of withdrawing from Trek, participants will forfeit at least their deposit
- If withdrawing \*any reason within last two months varying tour cost element is payable
- Earliest notice of problems to be given, as the Charity will still be charged for place
- If withdrawing Monies collected, still to be deposited with Charity \*(may credit to future Trek/Challenges)
- Early Bird incentive \*DA Trekking Kit Bag for those achieving £2,600 target by Christmas 2010
- Fundraising minimum Targets refer to monies banked and therefore exclude Gift Aid and deposit
- Fundraising totals however exceeding £4,600 \*including Gift Aid attract a £400 deposit refund
- Participant's Flights from London Heathrow (terminal 3) and arrive 3 hours earlier

***\*These conditions are only a summary and to be used as guide in conjunction with other DA booking conditions and future mailings and with confirmation of your final flight times etc.***

The Fire Fighters Charity | t 01256 366 566  
Level 6 | w [www.firefighterscharity.org.uk](http://www.firefighterscharity.org.uk)  
Belvedere | e [info@firefighterscharity.org.uk](mailto:info@firefighterscharity.org.uk)  
Basing View | **Royal Patron** Her Majesty the Queen  
Basingstoke | **Charity Reg. No.** 1093387  
Hampshire | **Charity Registered in**  
RG21 4HG | **Scotland No.** SC040096



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